

The LORD is The STRENGTH of My Life Psalms 27:1

by Don Gossett

- 1 The Lord is the strength of my **MIND**, so today I think sound healthy thoughts. I think upon those things that are true, honest, just, pure, lovely and of a good report. A strong mind is a positive mind, the mind of Christ. *"I have the mind of Christ."* 1 Corinthians 2:16.
- 2 The Lord is the strength of my **EARS**, so I hear well today. Seven times in Revelation 2 & 3 the command comes, *"He that hath an ear, let him hear what the Spirit saith ..."* Most importantly, with my renewed, sound, strong mind, I hear what the Spirit saith unto me.
- 3 The Lord is the strength of my **EYES**, so I have good vision for today. I see others through eyes of love, kindness, and good will.
- 4 The Lord is the strength of my **MOUTH**, so I speak those words that are edifying, ministering grace to those who hear me. Isaiah 50:4, *"The Lord God hath given me the tongue of the learned, that I should know how to speak a word in season to him that is weary: He wakeneth morning by morning, He wakeneth mine ear to hear as the learned."* I refrain from speaking those words that are negative, destructive, corrupt, critical, harsh or unkind.
- 5 The Lord is the strength of my **HEART**, so I have a good sound heartbeat for today. My prayer, *"Lord, be thou the strength of my physical heart as long as I serve you on this earth. Yea, 70 years and by reason of strength 80 years or more."* Oh heart, do your good work for this day.
- 6 The Lord is the strength of my **HANDS**, so that whatsoever my hands find to do, they do it with all their might.

- 7 The Lord is the strength of every **ORGAN, TISSUE, BONE, FIBER, NERVE** and **CELL** in my body. The Lord is the strength of my life from the top of my head to the soles of my feet.
- 8 The Lord is the strength of my **LIFE** – my whole life – spirit, soul and body. He infuses strength into the hidden man of the heart.
- 9 My affirmations for today: Daniel 11:32, *"The people that know their God shall be strong and do exploits."* Psalm 29:11, *"The Lord will give **STRENGTH** unto His people; the Lord will bless His people with peace."* Philippians 4:13, *"I can do all things through Christ who strengtheneth me"* (not weakeneth me). Nehemiah 8:10, *"The joy of the Lord is my strength."* Deuteronomy 33:25, *"As my days are, so shall my strength be."* 2 Corinthians 12:10, *"When I am weak, then am I strong."*

10 I affirm it five times:

"The Lord is the strength of my life."

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11 I think strength. I believe in the Lord's strength. I talk strength. Joel 3:10, *"Let the weak say, I am strong."* I confess I am strong. Often I say, "Strength, Strength, Strength," as I speak the Word to my spirit. Praise the Lord!

12 I, _____, affirm the Lord is the strength of my life.

Praise Card #7

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