



Spiritual Vitamins

By Don Gossett

Feel Defeated? Take Vitamin A

Always (God) causes us to triumph through Christ Jesus our Lord.

II Corinthians 2:14

Feel Discouraged? Take Vitamin B

Blessed with all spiritual blessings in the heavenly places in Christ Jesus.

Ephesians 1:3

Feel Troubled? Take Vitamin C

Casting all your cares upon Him for He careth for you.

I Peter 5:7

Feel Downcast? Take Vitamin D

Delight thyself also in the Lord and He shall give thee the desires of thine heart.

Psalms 37:4

Feel Anxious? Take Vitamin E

Everything by prayer... let your requests be made known unto God.

Philippians 4:6

Remembering Failures? Take Vitamin F

Forgetting those things which are behind.

Philippians 3:13

Have The Blues? Take Vitamin G

Giving thanks for all things unto God.

Ephesians 5:20

Faith Wavering? Take Vitamin H

Hold fast your confession of faith without wavering, for He who has promised is faithful.

Hebrews 10:23

Feel Incapable? Take Vitamin I

I can do all things through Christ who strengtheneth me.

Philippians 4:13

Feel Weak? Take Vitamin J

Joy of the Lord is your strength.

Nehemiah 8:10

Feel Yourself Slipping? Take Vitamin K

Kept by the power of God.

I Peter 1:5

Bad Temper? Take Vitamin L

Love is not easily provoked.

I Corinthians 13:5

Feel Gloomy? Take Vitamin M

My mouth shall show forth thy praise.

Psalms 51:15

Feeling Unsure? Take Vitamin N

Name of the Lord is a strong tower, the righteous runneth into it and is safe.

Proverbs 18:10

Bothered By Satan? Take Vitamin O

Overcome the devil by the blood of the Lamb and the Word of your testimony.

Revelations 12:11

Tongue Trouble? Take Vitamin P

Praise shall continually be in my mouth.

Psalms 34:1

Feel Disturbed? Take Vitamin Q

Quietness shall be your strength.

Isaiah 30:15

Circumstances Bad? Take Vitamin R

Rejoice in the Lord always, and again I say rejoice.

Philippians 4:4

Doubting The Word? Take Vitamin S

Scriptures cannot be broken.

John 10:35

Bored With Life? Take Vitamin T

Thanks be to God for His unspeakable gift.

II Corinthians 9:15

Down In The Dumps? Take Vitamin U

Upheld by the right hand of God.

Isaiah 41:10

Hindrances In The Way? Take Vitamin V

Violent shall take it by force.

Matthew 11:12

Faint-Hearted? Take Vitamin W

Word was in my heart as a burning fire shut up in my bones.

Jeremiah 20:9

Feel Hesitant? Take Vitamin X

Wax bold.

Acts 13:46

Struggling In The Christian Life? Take Vitamin Y

Yield yourselves unto God.

Romans 6:13

Lazy And Lacking Initiative? Take Vitamin Z

Zealous of good works.

Titus 2:14



God says "Attend to my Words, incline thine ear unto my sayings. Let them not depart from thine eyes; keep them in the midst of thine heart. For they are life unto those that find them, and health to all their flesh."

Proverbs 4:20-22

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